



EDITORIAL

Research, Innovation and Commercialization in Rehabilitation Pakistan

Dr. Zulfiqar Ali Umrani 01-02

LETTER TO THE EDITOR

Management Of Cleft Lip and Palate in Pakistan

Zoha Asif, Hafeez Punjani, Afshan Memon, Tahmeena Tabish 03-05

ORIGINAL ARTICLES

Effectiveness Of Sub Occipital Muscle Energy Techniques and Dynamic Stabilization Exercises in Chronic Neck Pain

Qasim Idrees, Anam Saleem, Arif Ali Rana 06-15

Effectiveness Of Tens Therapy for Pain Management by Physical Therapists Working in Tertiary Care Hospitals of Karachi

Rabia Khan16-24

Q Angle Variations in Preadolescent Children with Hemiplegic Cerebral Palsy

Dr. Amna Shahidi, Dr. M Faheem Afzal, Dr. Adeela Arif, Dr. Javed Ali..... 25-31

Effects Of Hydrotherapy on Pain, Grip Strength and Functional Outcomes in Osteoarthritis of Hand

Zainab Naeem, Salwa Atta Mohyudin, Yamna Mazher, Mir Shakeel Ahmad, Rameeza Hassan, Muhammad Salman Bashi..... 32-38

Frequency Of Cervicogenic Headache in Students Due to Usage of Smart Devices – Cross Sectional Survey

Sara Aabroo, Sidra Shafique, Ayesha Javed, Attiya Fatima, Omaima Khan, Shumaila Riaz..... 39-44

Physical Therapist Participation in Goal Settings for Patient Management

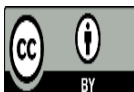
Dr. Komal Jamil..... 45-52

Effectiveness of High Resistance Versus Low Resistance Exercises Along with Stretching Exercises in Knee Osteoarthritis

Sajida Dilawar, Amna Yaseen, Sumaira Riffat, Shazia Abdul Hamid Khalfe 53-61

Musculoskeletal Pain Among Allied Health Sciences Students During Online Learning in Covid-19 Pandemic (Cross-Sectional Study)

Mahnour Shafi, Dr. Saba Riaz, Dr. Somia Sabeeh, Rohma Kiran, Sidra Jamshed, Nabia Shahzaad..... 62-72





Frequency of Erb's Palsy in Islamabad Capital Territory and Punjab Region, Pakistan
Wajeeha Nauman, Rida Saeed, Aisha Razzaq, Suman Shehzad 73-80

Occurrence Of Anxiety, Depression and Quality of Life of Women with Polycystic Ovarian Syndrome
Zoha Sabir, Rimsha Hassan, Maria Bashir, Rida Akhtar, Ayesha Mehmood, Sana Bashir 81-87

Effects Of Graston Instrument Soft Tissue Mobilization in Patients with Sciatic Nerve Entrapment
Muhammad Shahzad Qadree, Syed Shakil-Ur- Rehman, Muhammad Usman Riaz, Mehwish Anees, Hira Rajput... 88-97

Comparison Of Core Stability and Plyometric Exercises in Athletes to Improve Pain and Disability in Non-Specific Low Back Pain
Nouman Ghaffar Awan, Muhammad Qasim Idrees, Muhammad Khizer Hayat, Arif Ali Rana, Mahnoor Asif 98-106

Translation, Cross-Cultural Adaptation and Psychometric Properties of Urdu Version of Falls Efficacy Scale-International in Community Dwelling Older Adults
Maliha Khalid, Syed Asadullah Arsalan, Sahar Fatima, Mohammad Musa Asif, Syeda Nabihah Zafar 107-114

Faculty Experiences of Online Teaching in Medical and Dental Undergraduate Institute During Covid-19 Pandemic
Dr. Narmeen Ahmed, Dr. Iram Khursheed....115-123

Health Professional's Perception of Dominant Personality Traits of Stammerers
Amna Shahid, Ayesha Shahid..... 124-131

Effect Of Pranayama (Specified Breathing Exercise) On Stress & Anxiety Among the Students in Trincomalee Campus, Eastern University Sri Lanka
Dr. Fathima Zeenath Nasurdeen, Dr. Anavarathan Vallipuram 132-139

Occupational Health Policies and Environmental Safety Standards as Predictors of Employee Performance in the Nigerian Manufacturing Sector
Olanipekun Lateef Okikiola, Genty Kabiru Ishola, Azeez Rasheed Olawale 140-151

Effects Of Postural Drainage and Deep Breathing Exercises on Dyspnea, Oxygen Saturation and Level of Exertion in Elderly Post Covid-19 Patients
Dr. Sidra Ashraf, Dr. Zainab Hassan, Prof. Dr. Shakil Ur Rehman..... 152-159

Interoception Assessment of Body Perception in Children with Autism and Sensory Issue
Mehwish Iqbal 160-168

Obscene Behavior a Real Challenge for Therapeutic Relationship
Rizwana Waheed 169-176

Design And Development of a Stroke Rehabilitation Glove for Measuring and Monitoring Hand Motions
Salman Muhammad Ilyas, Syed Faraz Jawed, Choudhary Sobhan Shakeel, Luqman Hashim Bawany, Rumaisa Amin 177-188

